

PHILOSOPHICAL, EMOTIONAL, AND/OR SPIRITUAL AWARENESS

The student must show:

- 1.** Evidence of personal exploration of one or more paths of philosophical, emotional, and/or spiritual development. (Some examples include the study of values, belief systems, morals, ethics, counseling, meditation/yoga, study of religions, philosophy, study of science and spirituality, etc. Basically, show that you have engaged in serious study of the “bigger questions in life.”) You and your family may choose the form that this will take for you.
- 2.** Evidence of research in the chosen area (reading, participation in a group dedicated to this area, interviews with family and community members, etc.).
- 3.** Evidence of reflection on these learning experiences (journal, paper, etc.).

